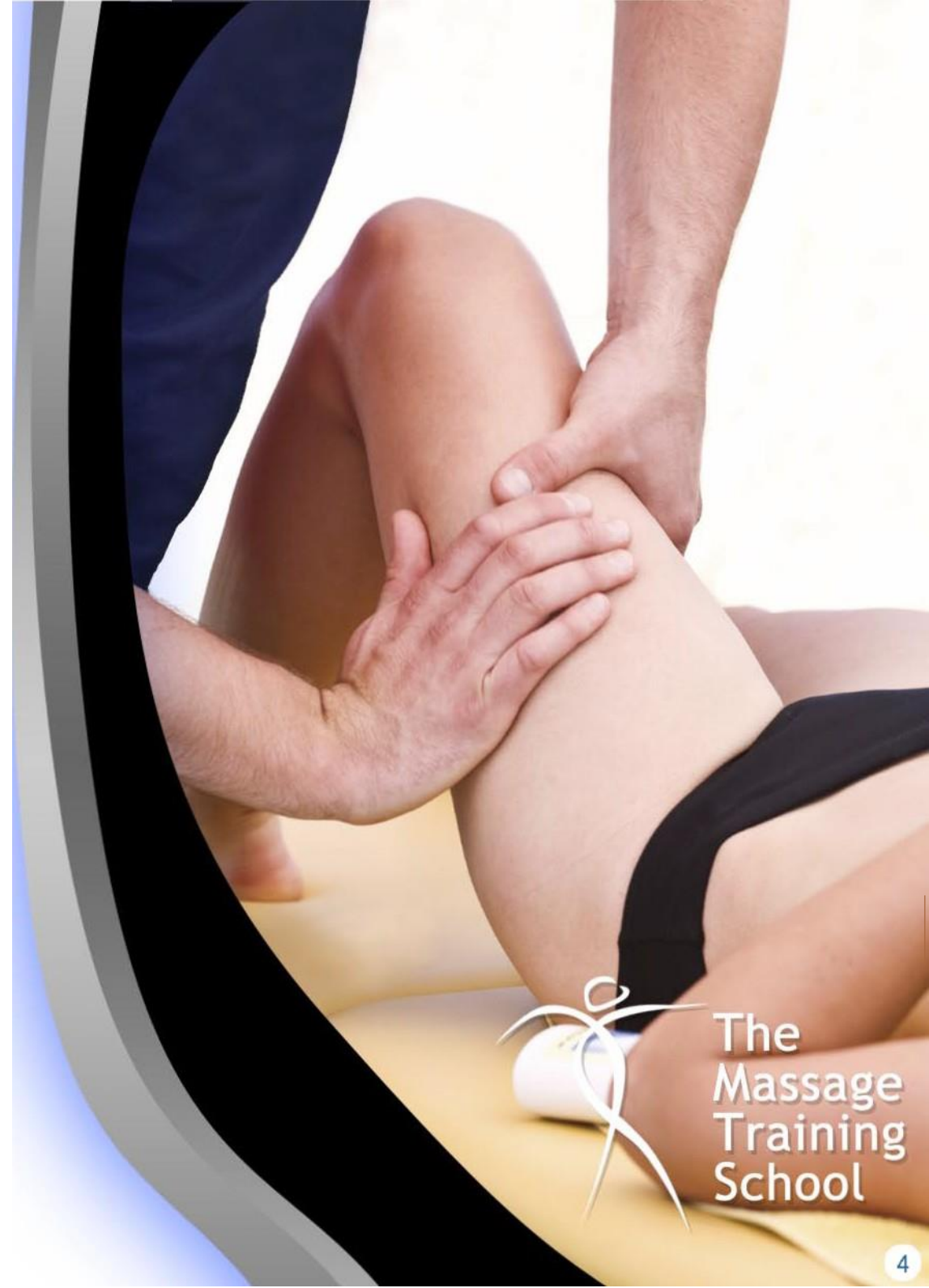




The Massage Training School



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BTEC Professional Diploma (Level 5) in Clinical Sports & Remedial Massage

The highest qualification currently available in the UK

This qualification has become the benchmark for quality training in the Sports Massage industry. It is the highest qualification level for the subject currently available in the UK for Sports & Remedial Massage. It is externally validated by Edexcel /BTEC, the national awarding body for vocational education training.

The main objective of the BTEC Professional Diploma (Level 5) in Clinical Sports & Remedial Massage is to enable successful candidates to be fully competent in the assessment, treatment and rehabilitation of musculo-skeletal injuries and disorders. The practitioner will be able to work with sports injuries as well as other musculo-skeletal problems unrelated to sports.

Successful candidates will achieve the nationally recognized Edexcel / BTEC Diploma. This professional qualification allows the graduate to work as a Sports & Remedial Massage Therapist in various settings, from event to clinic work, treating clients ranging from elite athletes to general members of the public. Graduates can apply for membership to the ISRM, the Institute of Sports & Remedial Massage.

This qualification operates through the ISRM at a specifically selected network of schools and training centres all over the country, to enable a hitherto fragmented profession to unite and grow under a single qualification.

The Massage Training School is honoured to be one of those selected centres which are raising the standards of practice and training.

The
Massage
Training
School



Entry Requirements

- Ideally, 4 GCSE's and 1'A' level, or similar academic qualification.
- An acceptable Massage Qualification OR
The Massage Training School Introductory Course.
- An active involvement in a sport, dance or exercise activity.
- The minimum age for enrolment is 21.

Course Structure

The Massage Training School runs the Diploma Course in 26 tutorial days consisting of 13 weekends spread over an 11-12 month period. This allows students to have plenty of time to complete the required coursework and practice. Course times are 9.30am - 5.30pm on Saturdays and 9.30am-4.30pm on Sundays.

Course Content

The course consists of 170 hrs of tutor contact covering the subjects listed in the syllabus, along with structured coursework and practice treatments which form part of the course assessment.

Structured Coursework

This consists of four written assignments. The student will need to allow a minimum of 100 hours research and study at home in order to successfully complete this part of the course assessment.

Practice Treatments

Students will need to carry out 100 hours of practice treatments which should be recorded in a logbook. This allows students to have the opportunity to practice and develop their skills between the tutored weekends.

Examination & Assessments

Students will need to have completed the Structured Coursework and Practice Treatments before taking the final exam. The final examination takes place two weeks after the final weekend of the course. It consists of one theory and one practical paper, supported by three practical assessments which take place during the course.

Theory

Anatomy and Physiology
Exercise Physiology
Contraindications
Functional anatomy
Clinical assessments
Physiology of injuries and their treatments
Overuse
Rehabilitation
Injury scenarios & assessment
Posture & core stability
Computerised gait analysis and biomechanical assessment
Taping and strapping
Sports diet & nutrition
Sports psychology
Professional conduct and business awareness

Practical

Massage techniques
Functional anatomy
Pre & post event massage
Deep friction
Neuromuscular Technique
Muscle Energy Technique
Soft Tissue Release
Connective Tissue Massage
Remedial Exercise
Events massage
Treatment of injuries
Rehabilitation of injuries
Taping and strapping
Posture & core stability

Course code MTS 09

18th / 19th May 2013

15th / 16th June 2013

20th / 21st July 2013

14th / 15th Sept 2013

12th / 13th Oct 2013

6th / 17th Nov 2013

14th / 15th Dec 2013

11th / 12th Jan 2014

8th / 9th Feb 2014

8th / 9th March 2014

5th / 6th April 2014

3rd / 4th May 2014

31st May / 1st June 2014

Course code MTS 10

25th / 26th May 2013

22nd / 23rd June 2013

27th / 28th July 2013

21st / 22nd Sep 2013

26th / 27th Oct 2013

23rd / 24th Nov 2013

21st / 22nd Dec 2013

18th / 19th Jan 2014

15th / 16th Feb 2014

15th / 16th March 2014

12th / 13th April 2014

10th / 11th May 2014

7th / 8th June 2014

Course Fees

£2800.00 inclusive of examination fees

to be paid as follows;

£500 deposit with enrolment (£200 of which is non-refundable)

If the rest is paid on first day of course a discount of £100 will be applied

OR by 7 monthly installments of £300 each and a final payment of £200

payable by Standing Order

Cancellations Policy

Cancellations made 4 weeks prior to the start of the course will receive a refund of fees paid, less the £200 non-refundable deposit. After this date, an agreement to attend the course is assumed and payment in full will become due on the first day of the course. Students cancelling less than 4 weeks prior to the start of the course will be liable for the full course fee.

Tutors

All of The Massage Training School tutors are specialists in their field, working at The Massage Clinic as a multidisciplinary team. They have learned their skills from world leaders in the field of Soft Tissue Work. The tutors are able to bring this current practical experience into the classroom, along with their continuing professional development, to teach the most up to date techniques on the courses offered at The Massage Training School.

How to Enrol

Download the enrolment form from our website www.themassagetrainingschool.com and send it with a cheque for £500 (payable to 'The Massage Clinic') to:

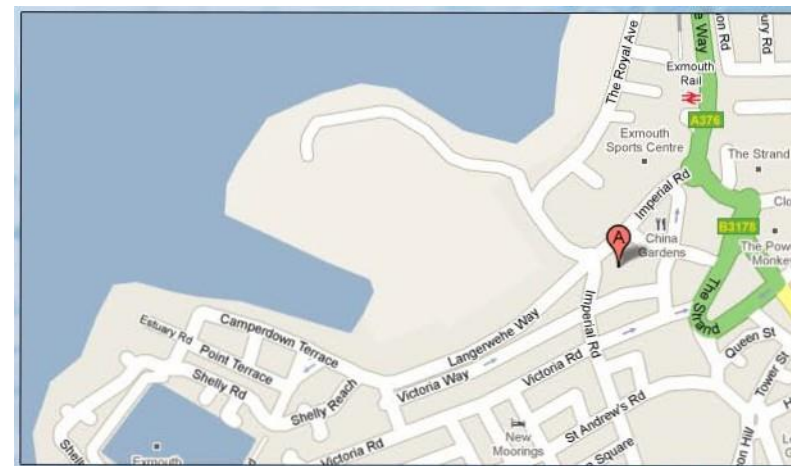
The Massage Training School, 51, Imperial Road, Exmouth, Devon EX8 1DQ
or contact us on 01395 271610 Monday to Friday 9am to 1pm

How to Find Us

The Massage Training School is located in Imperial Road near the Exe estuary, opposite the Sports Centre car park.

By car from Exeter & the MS, follow the A376 to Exmouth, a 20 minute drive.

By rail, there is a regular half-hourly service from Exeter St Davids and Exeter Central to Exmouth. The railway station is located adjacent to the Sports Centre, just a two minute walk from The Massage Training School.



The Massage Training School
51 Imperial Road, Exmouth, Devon EX8 1DQ
Tel: 01395 271610
Email: info@themassagetrainingschool.com
Web: www.themassagetrainingschool.com

